

Orchard View Public Schools Wellness Policy Committee Meeting #2 Agenda Notes

Date: January 29th, 2025

Time: 2:00pm

Location: Orchard View High School, 16 N Quarterline Rd Muskegon MI 49442, Community Room/Board Room

1. Introductions/ Who is at the table Kayleigh Macomber (Food Service Director), Kate Bos (Assistant Food Service Director), Amber Petisce (OVHS Mental Health Clinician), Sarah Sikkenga (Phys Ed Teacher OVEE), Devon Raap (Mental Health/MTSS Coordinator), Shanda Willea (Early Childhood Director), Amanda DeVries (OVHS Food Service), Monica Rinckey (1st cook OVHS Food Service), Jennifer Bruin (MSU extension), Aditi Kulkarni (MSU Extension)

2. Overview of Team Nutrition Training Grant \$3,000 per school building (OVEE, Cardinal, MS, HS, Community Ed), Support from MSU Extension Aditi Kulkarni, Requirements include: Convene a wellness team, review current wellness policy using the WellSat tool, Create district wellness goals and make changes using the grant funds

3. Review of Current Wellness Policy

- Overview of the current wellness policy- current copy of the district wellness policy was given
- Identify areas of success and areas for improvement- Wellsat survey and team nutrition grant resources will help identify this as we go through the process

4. Updates on Current Wellness Initiatives

- Nutrition and meal program updates- will discuss at a later meeting
- Physical activity programs and opportunities- will discuss at a later meeting
- Mental health and social-emotional wellness initiatives- will discuss at a later meeting

5. WellSat Survey to assess current wellness programs

- Review of program effectiveness- We completed the last section of the WellSat to get a feel for how the survey is going to work. Decided it was best to complete the whole survey together at next meeting
- Feedback from students, staff, and parents- We need to recruit students to the meetings

6. Setting Goals

- Specific goals for improving wellness policy initiatives
- Identifying responsible parties for each goal
- Timeline for completion and follow-up- Would like to finish the WellSat tool in the next few meetings to be able to use the grant funds this school year

7. Next Meeting

- Schedule next meeting date and time- February 26th, 2025 at 2:00PM
- Topics to discuss in the next meeting
 - Finishing the WellSat to gain a better understanding of where our district is at with the Wellness Policy

Questions/Concerns- Who else should be at the table? Administration to approve spending ideas? Concerns about building specific goals, example: Community Ed is totally different from OVMS. Should we have a wellness committee at each building since every building is so different. Decided that we should have a district wellness committee and it might make more sense in the future to also have building specific wellness committees.

Orchard View Public Schools Wellness Policy Committee Meeting #3 Agenda Notes

Date: February 26, 2025

Time: 2:00pm

Location: Orchard View High School, 16 N Quarterline Rd Muskegon MI 49442, Community Room/Board Room

1. Introductions/ Who is at the table

2. Overview of Team Nutrition Training Grant

3. Current Wellness Initiatives

- Nutrition and meal program-
- Physical activity programs and opportunities-
- Mental health and social-emotional wellness initiatives-

4. Continue working on WellSat to assess current wellness programs

- Review of program effectiveness-
- Feedback from students, staff, and parents-

5. Setting Goals (if time allows)

- Specific goals for improving wellness policy initiatives
- Identifying responsible parties for each goal
- Timeline for completion and follow-up-

6. Next Meeting

- Schedule next meeting date and time-
- Topics to discuss in the next meeting

Questions/Concerns-